



Focused, Targeted, Cost-Conscious Individualized Addiction Treatment

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Workshop Description

The behavioral healthcare field continues to change rapidly. Many clinicians struggle with how to change old ways of assessment, placement and documentation to reflect the kind of flexible, individualized treatment needed to survive in a managed care environment. They also find it difficult to effectively communicate patient information with managed care and utilization review.

The aim of this workshop is to broaden participants' knowledge about the changing healthcare environment, and help practitioners deliver cost-conscious, individualized, addiction services. It will provide the opportunity to practice assessment processes, treatment planning and care management strategies to better meet the needs of clients. It will offer a framework that encourages providers to develop more specific, targeted assessment and treatment planning strategies and better communicate and cope with managed care.

Objectives

Participants will:

1. Identify the clinical, financial and resource pressures that contribute to the current healthcare environment and their effect on clinicians and services involved.
2. Review the underlying principles of cost-conscious, individualized, addiction treatment and the increasing need to focus on quality, outcomes and value in services.
3. Understand essential assessment data. Understand how to organize data in focused and targeted ways to improve individualization of problems and treatment plans; and determine proper placement decisions.
4. Identify ways to communicate the treatment plan to others, not least importantly, to the patient and client. Learn ways to convey patient information to fellow clinicians, care managers, and those involved in care and utilization management.

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Workshop Agenda

- 8:30 AM Registration
- 9:00 AM **A. The Current Environment · Cost versus Quality**
- Managed Care
 - Accountability and treatment outcomes
- B. Underlying Principles of Individualized Behavioral Health Care**
- Unifying perspective on behavioral health disorders
- Multidimensional assessment and level of functioning
- Individualized treatment
 - Levels of care and biopsychosocial treatment
- C. How to Organize Assessment Data**
- Immediate need assessment and ongoing assessment
 - Common language for cross systems communication
- 10:30 AM Break
- 10:45 AM **D. How to Target and Focus Treatment Priorities**
- Moving from the multidimensional assessment to priorities
 - Treatment planning and documentation skills -Problem identification; individualized
- 12 Noon Lunch
- 1:15 PM **E. Skill-Building in Engaging the Patient in the Treatment Plan**
- Understanding stages of change
 - Assessing readiness to change
 - The patient as “customer”
 - Implications for changes in services
- 2:30 PM Break
- 2:45 PM **F. The "Real World"**
- Improving communication between the treatment team, outside reviewers and agencies
 - Dealing with disputes over level of care; continuing service
 - Changes necessary to "re-tool" treatment planning and systems
- 4:00 PM Adjourn