



## **Improving Integrated Co-Occurring Disorders Treatment: Individualized, Person-Centered Service Plans and Documentation**

David Mee-Lee, M.D.

### **Workshop Description**

It is a challenge to integrate addiction and mental health systems. The historical roots, funding traditions, differences in ideology and values have created a clash of cultures that impacts people with co-occurring disorders. This workshop will review these culture gaps and offer solutions to understand and address the differences.

Even though many are committed to best practices in integrated dual disorders treatment, it is difficult to actually change clinician attitudes and skills to provide truly integrated services. This workshop will also focus on ways to change assessment, services and systems to make integrated treatment really work in daily practice. The ultimate goal of the day is to help you and your team to identify how well you are serving those with co-occurring disorders; furthermore to assist you in planning how to move to the next stage to change services for the better.

This workshop will also help practitioners deliver individualized, person-centered mental health and addiction services. It will provide the opportunity to practice assessment and treatment planning to better meet the needs of clients. It will offer the common language of the Revised Second Edition of the ASAM Criteria, ASAM PPC-2R, which includes criteria for co-occurring mental and substance-related disorders to encourage more targeted service planning and documentation.

### **Participants will:**

1. Identify the major ideological differences that divide addiction and mental health systems and the negative clinical implications for people with co-occurring disorders.
2. Apply unifying principles and strategies to resolve fragmentation and improve outcomes.
3. Discuss essential assessment data, and practice how to organize data in focused and targeted ways to improve individualization of priorities and service plans.
4. Define ways to increase the flexibility of services to better meet the multiple needs of clients and families.

# Improving Integrated Co-Occurring Disorders Treatment: Individualized, Person-Centered Service Plans and Documentation

## Workshop Agenda

8.30 AM	Registration
9.00 AM	<b>A. Philosophical Clashes</b> <ul style="list-style-type: none"><li>** Polarized Perspectives about Presenting Problems</li><li>** Different Theoretical Perspectives: Different Treatment Modalities</li><li>** Every Door is the Right Door</li></ul> <b>B. Underlying Principles of Individualized Behavioral Health Care</b> <ul style="list-style-type: none"><li>** Unifying perspective on behavioral health disorders</li><li>** Multidimensional assessment and level of functioning</li><li>** Individualized treatment</li><li>** Levels of care and biopsychosocial treatment</li></ul>
10.30 AM	Break
10.45 AM	<b>C. How to Organize Assessment Data</b> <ul style="list-style-type: none"><li>** Immediate need assessment and ongoing assessment</li><li>** Common language for cross systems communication</li></ul>
12 Noon	Lunch
1.00 PM	<b>D. How to Target and Focus Service Priorities</b> <ul style="list-style-type: none"><li>* Treatment planning and documentation skills -priority identification; individualized treatment plans</li><li>* Role of residential treatment, ACT and Crisis Intervention services</li></ul>
2.30 PM	Break
2:45 PM	<b>E. Individualized Staff and Agency Development Plan</b> <ul style="list-style-type: none"><li>** Identifying and honoring you and your agency's stage of change</li><li>** How to move to the next stage to improve services - Your Plan</li><li>** Next steps and needs for ongoing training and technical assistance</li></ul>
4 PM	Adjourn