



**"Recovery in Co-Occurring Disorders:
What Do You Really Mean and Walking the Talk about Recovery"**

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This presentation will discuss what we really mean by recovery in addiction and mental health treatment. It will explore whether we actually take recovery seriously despite our frequent use of the term.

This presentation will challenge participants to examine their attitudes about recovery as expressed in the language and jargon we use in treatment; the way treatment programs are structured in length of stay and phases of treatment; and how relapse and substance use while in treatment is addressed. It will compare and contrast how recovery is approached in addiction and mental health treatment and suggest solutions to approach recovery in co-occurring disorders.

Objectives

Participants will:

1. Identify their definitions, attitudes and practices about recovery in treatment.
2. Discuss the discrepancy between perceived concepts about recovery and actual clinical practice and program design, policies and payment.
3. Apply evaluation of their current practice or program to suggest ways to improve consistency of a recovery approach in co-occurring disorders treatment.