



**Recovery and Relapse in Co-Occurring Disorders:
Definitions, Dilemmas and Discrepancies**

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Description of Program:

Recovery in both addiction and mental illness is not always a smooth path. Relapse is an expected possibility in co-occurring disorders. Yet how clinicians and counselors view recovery and relapse is different in mental health treatment versus addiction treatment.

This plenary will compare and contrast how recovery is approached in addiction and mental health treatment. It will examine how providers treat relapse differently and demonstrate a discrepancy between what they say about recovery and relapse and what they actually do in treatment.

Learning Objectives - Participants will:

1. Identify definitions and dilemmas in recovery and relapse in co-occurring disorders.
2. Discuss the discrepancy between concepts about recovery and relapse and actual clinical practice.
3. Apply ways to improve consistency in dealing with recovery and relapse in co-occurring disorders treatment.